It's Not What You Say That is Heard ... Is Your Body Language the Key?

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The Keys:

Key #1 Initial Meeting

- Plan
- Flash/return flash
- Eye contact
- Smile

Key #2 Spacing

- Personal space
- Correct distance

Key #3 Conflicts

- Unknown male/female (standing and sitting)
- Standing vs. sitting
- Avoid deep armchairs

Key #4 The Handshake

- Pressure/length
- Limp wrist
- Dominate (counter)
- Get together
- Submissive
- Glove
- Double touch
- Shoulder grip

Key #5 Appearance

- Glasses
- Best face forward

Key #6 Cooperation/Acceptance

- Head tilt
- Eye contact
- Smile
- Speaking to a group contact

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Key #7 Power Plays

- Control time/space
- The stare counter
- Where you sit

Key #8 Reading Others

- Watch for leakage
- Read my lips
- · Furrowed forehead
- Buy signs
- Watch the feet
- True smile
- Copying stance/gestures

Key #9 Common Lying Gestures

- No single sign
- The nose knows
- Gravity defying gestures and happy feet

Key #10 Watch the Hands

- Touching objects
- Palms up/down

Key #11 What about the Eyes?

- Audio (side to side)
- Calculating (down and left)
- Emotional (down and right)
- Deception (up and right)
- Recalling (up and left)

Key #12 Common Barriers

- Arm fold
- One arm fold
- How to break the barrier

Final Key #13 – Practice!